1. 1 in 6 people in America are hungry
2. The USDA defines "food insecurity" as the lack of access, at times, to enough food for all household members. In 2011, households with children reported a significantly higher food insecurity rate than households without children: 20.6% vs. 12.2%.
3. 49 million Americans struggle to put food on the table.
4. Over 20 million children receive free or reduced-price lunch each school day. Less than half of them get breakfast, and only 10% have access to summer meal sites.
5. More than 1 in 5 children is at risk of hunger. Among African-Americans and Latinos, it’s 1 in 3
6. These 8 states have statistically higher food insecurity rates than the US national average (14.6%): Arkansas (21.2%), Mississippi (21.1%), Texas (18.0%), Tennessee (17.4%), North Carolina (17.3%), Missouri (16.9%), Georgia (16.6%), Ohio (16.0%).
7. For every 100 school lunch programs, there are only 87 breakfast sites and just 36 summer food programs.
8. In 2015 43.1 million people were in poverty the is 13.5 percent of the population of America
9. 42.2 million Americans lived in food insecure households, including 29.1 million adults and 13.1 million children.
10. Incredibly, 40 percent of food produced in the U.S. is [wasted or thrown out](https://www.dosomething.org/facts/11-facts-about-hunger-us). That's about $165 billion worth of food, which researchers say could feed 25 million hungry Americans.
11. Every single county in America is impacted by food insecurity. The seven states with the [highest rates of food insecurity](https://www.dosomething.org/facts/11-facts-about-hunger-us) are Mississippi, Texas, Arkansas, Alabama, Georgia, Florida and North Carolina.
12. The Supplemental Nutrition Assistance Program (SNAP) might not be enough. By the third week of the month, more than [90 percent of SNAP benefits](http://www.bread.org/hunger/us/facts.html)have already been used.
13. In 2013, 5.6 percent of households in America (6.8 million households) had [very low food security](http://www.worldhunger.org/articles/Learn/us_hunger_facts.htm), meaning their hunger struggle was so severe it reduced their food intake.